

MENUS WEEK 1 AUTUMN/WINTER 2023/24



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cereal toast & preserves in houses	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Boiled eggs	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Fried eggs	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Eggy Bread	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Chicken sausage with Heinz baked beans	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Freshly baked croissants	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Belgian waffles with various toppings & boiled eggs
B	-	Fresh fruit & juice	Fresh fruit & juice	Fresh fruit & juice	Fresh fruit & juice	Fresh fruit & juice	Sausage in a roll
LUNCH/BRUNCH	Brunch: Sausages, bacon, Heinz baked beans, hash browns & scrambled egg	Soup of the day Pie of the day New potatoes in parsley butter with fresh broccoli Salad bar	Soup of the day Chicken noodles served with prawn crackers Salad bar	Southern fried chicken burger with cheese Tomato, lettuce & pickles & chips served in the courtyard (weather permitting)	Soup of the day Beef pasta bolognese served with homemade garlic bread Salad bar	Chicken noodle soup Cod goujons & chips with peas, lemon wedges & homemade tartar sauce Salad bar	Pasta & Meatballs Salad bar
B	-	Fresh homemade doughnuts	Fresh homemade doughnuts	Fresh homemade doughnuts	Fresh homemade doughnuts		
	Tex/Mex Sunday	Meat free Monday	Mince it up Tuesday	Wednesday Roast	Spice it up Thursday	Pizza night Friday	Chicken Saturday
DINNER	Beef chilli & nachos/rice with chunky salsa guacamole & cheese Salad bar	Garlic, broccoli & chickpea stir fry with rice Salad bar	Lasagne al forno with garlic bread Salad bar	Choice of roasted meats with Yorkshire puddings, roasted new potatoes & vegetables Salad bar	Spicy chicken wraps with wedges Salad bar	Pizza buffet Salad bar	Chicken Schnitzel & mashed potato with green beans & carrots Salad bar
L	Apple crumble with custard Fresh fruit	Soft serve ice cream from our own machine with fruit and sauces	Soft serve ice cream from our own machine with fruit and sauces	Soft serve ice cream from our own machine with fruit and sauces	Syrup sponge with custard	Soft serve ice cream from our own machine with fruit and sauces	Chocolate brownies

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cereal toast & preserves in houses	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Boiled eggs	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Fried eggs	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Eggy Bread	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Chicken sausage with Heinz baked beans	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Freshly baked croissants	Toast & preserves, cereals, fresh fruit, tinned fruit, yoghurt Freshly baked croissants & boiled eggs
B	-	Fresh fruit & juice	Fresh fruit & juice	Fresh fruit & juice	Fresh fruit & juice	Fresh fruit & juice	Sausage in a roll
LUNCH	Brunch: Sausages, bacon, Heinz baked beans, hash browns & scrambled egg	Soup of the day Turkey sausage rolls New potatoes in parsley butter with fresh broccoli Salad bar	Soup of the day Black bean chicken noodles swerved with Prawn crackers Salad bar	Local butchers' beef burger with cheese tomato, lettuce & pickles & chips served in the courtyard (weather permitting)	Soup of the day Beef pasta bolognese served with homemade garlic bread Salad bar	Chicken noodle soup Jumbo Cod Fish fingers & chips with peas, lemon wedges & homemade tartar sauce	Homemade fresh chicken ramen Salad bar
B	-	Fresh homemade doughnuts	Fresh Homemade doughnuts	Fresh homemade doughnuts	Fresh homemade doughnuts		
	Tex/Mex Sunday	Meat free Monday	Mince it up Tuesday	Wednesday Roast	Spice it up Thursday	Pizza night Friday	Chicken Saturday
DINNER	Beef chilli & nachos/rice with chunky salsa guacamole & cheese Salad bar	Cheesy Swiss bake Salad bar	Cottage pie with buttered fresh cabbage & carrots Salad bar	Choice of roasted meats with Yorkshire puddings, roasted new potatoes & vegetables Salad bar	Chicken tikka Masala with Basmati rice, naan bread & vegetable samosas Salad bar	Pizza buffet Salad bar	Sweet chilli chicken kebabs with tomato & bean rice served with pitta bread Salad bar
L	Apple crumble with custard Fresh fruit	Soft serve ice cream from our own machine with fruit and sauces	Soft serve ice cream from our own machine with fruit and sauces	Soft serve ice cream from our own machine with fruit and sauces	Chocolate sponge with custard	Soft serve ice cream from our own machine with fruit and sauces	Chocolate brownies