

Squads

16:45 to 17:45  
Monday to Friday  
Free of charge

Evening activities

(Including gym)  
17:15 to 18:15  
Monday to Friday  
Free of charge\*

Extracurricular activities

Sports Academies

Football, Rugby & Horse Riding & Golf Academies

Clubs

15:50 to 16:45  
Wednesdays  
Free of charge\*

Access time

16:45 to 17:40  
Monday to Wednesday  
Free of charge

Horse Riding

Individual 1-to-1 lessons  
Monday to Saturday

Music lessons

Individual 1-to-1 lessons  
Monday to Friday

Saturday Morning Programme

10:00 to 12:30  
Free of charge\*

Town leave

Saturday afternoons and Sunday mornings  
Free of charge\*

Saturday evening activities

Saturday evenings  
Free of charge

Sunday trips

Sundays.  
Examples include: London, Karting, Oxford, etc

Enrichment

Enrichment programme for sixth form students (LAT, JP Morgan, etc)

\* = some activities have a charge

Enquire

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Buckswood

HASTINGS

...2023 & beyond

Do you want to improve on some of your sports skills and techniques? Squads are a great time to have some individual and professional sports tuition with our pro coaches.

SQUADS

Gym, Netball, Cheerleading, Badminton, Junior Rugby, Open Football, Table Tennis, Hockey & Cricket.

Weekday evening activities happen after supper and are a little bit of downtime before going back to your residence. Students can chill with their friends or participate with their residential tutors in the following activities.

EVENING ACTIVITIES

Table Tennis, Basketball, Football, Gym, Make-up tutorials, Cookery, Art, **Boxing/Kickboxing**, **Archery**, Fencing, Board Games & Buckswood 101.

Buckswood supports any student that wants to excel at sport and we offer some excellent sporting academies all taught by professionals. Lessons are provided within the timetable and the academy programme is not just sport it explores all aspects of your sporting needs from exercise and fitness programmes to pathways for the future.

SPORTS ACADEMIES

**Football Academy, Rugby Academy, Horse Riding Academy, Golf Academy & Flying Academy.**

'The more you do the more you have to talk about' Clubs are a time to try something new, a time to enjoy a hobby that you have always wanted to do or a time to excel in something that you are good at. We offer an enormous range of things. If it is not on the list – then suggest it and we can still do it!

CLUBS

Charity society, Chinese club, Cookery club, Computer building club, Crafty graphics club, Debating society, Dress making & sewing club, Gym club, Maths GCSE topup club, Medical industry club, Pony care club, Science buffs club, Sign language club, Singing club, Stocks & shares club, **Sushi club** & Web design club.

This is an after school session where you can spend time with your teachers on a one-to-one basis for a 10 minute catchup or a 30 extra lesson. If you did not understand something in class or you want to improve an essay answer, then this is a great time to grab your teacher for an extra session. Access time sessions are available in all academic subjects.

ACCESS TIME

Not many schools have horses and stables on site – we do. Lessons happen within the timetable. Lessons and competitions are held at school.

HORSE RIDING

At Buckswood we offer scholars and extremely wide range of activities and sports as part of our "Buckswood Difference". On our beautiful 30 acre campus, we have a riding centre. This centre has stables, tack room and hayloft and a very impressive sand school or arena. We have 8 horses for both novice and more experienced riders. **Horse riding** lessons incur a charge.

Having a musical skill is a god-given talent and one we want you to pursue and improve on. We can offer everything from piano to bagpipes, singing to saxophone!

MUSIC LESSONS

Bagpipes, Pipe Band Drumming, **Guitar lessons**, **Bass lessons**, **Vocal lessons**, **Trumpet lessons**, **Piano lessons**, **Organ lessons**, **Drum lessons**, **Saxophone lessons**, **Clarinet lessons**, **Recorder lessons**, **Cello lessons**, **Violin lessons**.

Our academic week does not finish on a Friday. As a boarding school we run a Saturday morning program. It is a more casual session but one that rounds the week off well.

SAT MORNING PROGRAMME

Language options, World Development, Global Citizenship, Critical Thinking, Self Study, Photography, Sports, Cooking, **Clay Pigeon Shooting**, Gym, Art & Textiles, Archery, Library & Yoga

Time for some retail therapy in Hastings and a bit of down time with your friends. Senior students can, with the relevant permissions, go to London for the day as well. The **bus** to Hastings incurs a charge.

TOWN LEAVE

Hastings Castle & Caves, mini-golf, large beach, parks, cinemas, historical pier, aquarium, McDonalds, KFC, Tesco, Marks & Spencers, Post Office, WH Smiths, numerous other shops, restaurants & cafes.

We run a very comprehensive weekend program called REST and SCORE and the evening activity program is part of this. There are a variety of activities on offer, many of which are organised on site and are organised in house groups so that students gain the experience of putting on an event and working in a team to execute the event, of course supervised by their house parents.

SAT EVENING ACTIVITIES

Fashion shows, Theme nights, Oscar nights, Winter Wonderland, the Summer disco, Casino night, Karaoke, Date night, Ultimate Quiz nights, Game Shows, X-Factor Talent Show, Pizza Making, Body Shop Pamper Night.

Get off campus and try something new! Take that much-needed break from your studies if you have been working hard during the week and come back refreshed and enlightened from a cultural trip to the theatre/art gallery; push your limits with the Outdoor Challenge Program or take in a different cities atmosphere and have coffee with your friends.

SUNDAY TRIPS

**London, Brighton, Eastbourne, Tunbridge Wells, Ashford, Battle, Rye, Paintballing, Rock Climbing, Watersports, Skiing, Local Castles & Art Gallery Shows.**

From flying to courses in London to extensive course on how to become a doctor. The NOT SO BORING OFFICE runs an extensive list of events and programs. You have an idea – then we can help you pursue it.

ENRICHMENT

**Driving lessons, Flying lessons, Duke of Edinburgh**, Independent Learning Certificates, **Work Experience, Young Lawyers Programme**, RSA Essays, **Fishing, Boxing/Kickboxing** & **PADI diving courses**.

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My Choices

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Extracurricular activities

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Name:

Buckswood

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