



BUCKSWOOD

FOOTBALL ACADEMY

EXCLUSIVE GOALKEEPING PROGRAMME

Buckswood School is an International boarding school looking for ambitious young goalkeepers between the ages of 11-18 years who want a fantastic school education alongside an elite football programme.



Highlights include:

- Integrated Training and education Programme
- 8 Hours of football training per week
- 2 hours of specific Gk training per week
- Coached by Full-time Goalkeeper Coach
- 2 Gym sessions per week
- 1 Match Per week – We enter National leagues and Cup competitions
- Fitness Testing with Arsenal FC Sports Scientist
- Nutrition Workshop with Tottenham Hotspur FC Performance Nutritionist
- Weekly individual and team video analysis sessions
- Individual Development plan – Assess strengths and weaknesses and plan to improve your game. This is reviewed every 6 weeks with the Gk coach.

- Master-class series – We Invite GK coaches from the Pro game to Buckswood to take training sessions and offer expertise and trialling opportunities.

2020/21 European Tours:

- U12 to U16 trip To Portugal to be coached by Benfica and Sporting Lisbon coaches
- U19 Trip to Finland & Estonia – Play 4 Pro clubs and try to earn a Professional contract.

For more information please email:
football@buckswood.co.uk

Where talent meets opportunity...