

Safeguarding Bulletin for Parents and Students from the Wellbeing Hub

Hello again.

Well here we are at the end of the academic year! What an unusual year we have faced! It has been so impressive how everyone has pulled together and adapted the way we learn, teach and live for the benefit of our young people.

We are immensely proud of all of our students for the way they have coped with this unprecedented change from their 'norm'. We also appreciate the way our parents/carers have adapted too with not only a change to your work life, with a lot of us working from home, but also having to coach your children through a virtual school day, balancing lessons with fresh air and exercise and keeping up their spirits.

We hope you all have a lovely summer break, especially with lockdown restrictions starting to ease and the beautiful weather we are experiencing at the moment, we look forward to seeing you all again in September.

If you have any question for our Safeguarding Team please email admin2@buckswood.co.uk

Updated Coronavirus Information for Parents

The Department for Education (DfE) has published information for parents and carers about the opening of early years providers, schools and colleges, safety in schools, attendance, transport, school meals and exams.

Read the guidance: [What parents and carers need to know about early years providers, schools and colleges during the coronavirus \(COVID-19\) outbreak](#)

Action Fraud scam watch from Sussex Police

Did you know scams cost the UK economy £5-£10 Billion a year, with over 50% of people over 65 having already been targeted by scams; and only 5% of all scams reported?

This week's scam and fraud warnings from Action Fraud:

Over £16 million lost to online shopping fraud during lockdown, with people aged



18-26 most at risk.



NHS
Test and Trace

Contact tracers will NEVER:

- ✗ Ask you for any form of payment
- ✗ Ask you for any passwords or PINs
- ✗ Ask any details about your bank account
- ✗ Ask you to download anything
- ✗ Ask you to hand over control of your PC
- ✗ Send someone to your home

For more information, visit actionfraud.police.uk/testandtrace

OFFICIAL

#coronavirustests

If you're contacted by the NHS Test and Trace service, you will not be asked to provide any passwords, bank account details or PINs. For more information, visit: actionfraud.police.uk/testandtrace

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Download the 'Uniquely Me' Parent Guide today!

Many young people will have found the past few months tough going, but you can help boost their self-esteem with the FREE Uniquely Me Parent's Guide from Dove. This essential resource pack gives parents all they need to teach their children and young people about the importance of a healthy body image, nurture their self-esteem and empower them to reach their full potential.

Download it today and give your child a positive wellbeing experience during a tricky time.



<https://parentzone.org.uk/sites/default/files/Uniquely%20Me%20-%20Parent%20Guide.pdf>

Summer Holiday Support for Young People from Childline

With Lockdown starting to ease the summer holidays can be a great chance to spend time with friends and have some time off. But sometimes it can feel a bit lonely too for our young people. They may also miss the routine they had when they are in school. Childline have a page especially dedicated to this.

<https://www.childline.org.uk/info-advice/home-families/seasonal-events/summer-holidays/>

Returning to School – NSPCC

School can feel like a scary place whatever age you are. Even more so now during the Coronavirus. NSPCC have put together advice and support for parents and young people. Find out more here.

<https://www.nspcc.org.uk/keeping-children-safe/away-from-home/at-school/>