



The Weekend

A 'successful' weekend is achieved through careful planning of one's time!

Name		Week No.	
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Saturday – S.C.O.R.E. (School, Coursework, Outings, Recuperation, Entertainment)

School and Coursework: 9:00am – 12:30pm	What I Plan To Do
<p>Saturday School: Language Options, World Development, Global Citizenship, Critical Thinking, Self Study, Photography, Sports, Extra Classes by Subject Teacher</p> <p>Buckswood offers more to their students to aid in expanding the minds of the future. Every Child Matters and Saturday mornings are set aside to nurture the individual. Students have the opportunity to sign up for extra classes and tuition, alongside group lessons/creative courses and group discussions. The A Level students have the opportunity to self-study and take responsibility for their chosen subjects in the school library.</p>	
Outings and Recuperation: 1:15pm – 6:30pm	What I Plan To Do
<p>Town Leave with the Buckswood Coach Service every 30 minutes into Hastings to socialise and have coffee with friends, do essential shopping for school supplies and personal items and generally have a needed break from campus.</p> <p>Buckswood also hosts and visits surrounding schools to give the sporting students a chance to represent the school in Rugby, Football, Hockey and Netball fixtures.</p>	
Entertainment: 7:00pm – 8:30pm	What I Plan To Do
<p>English Country Fair, Casino Night, Karaoke, Date Nights, Ultimate Quiz Nights, Game Shows, X-Factor Talent Show, Culture Evening, Pizza Making, Body Shop Pamper Nights.</p> <p>Each week the Duty House on campus gets together and organises an entertaining evening for the rest of the boarding community to attend for a fun and relaxing evening to round up a hard working week. This is a special night as can only be experienced in a boarding school environment and there is a great atmosphere around the campus. It's good to let your hair down.</p>	

Sunday – R.E.S.T. (Read, Enrichment, Sports, Time-out)

Read:	What I Plan To Do
<p>I: I Tuition, Quiet Room, Computer, Library, 6th Year Self-Study</p> <p>Use the quiet time on a Sunday afternoon to reflect on your weeks work, the effort you have put in and tie up any loose ends in your work load or prepare for the coming week's classes to give yourself a head start.</p>	
Enrichment: 2:00pm – 6:00pm	What I Plan To Do
<p>London, Brighton, Eastbourne, Tunbridge Wells, Ashford, Battle, Rye, Paintballing, Rock Climbing, Watersports, Skiing, Local Castles, Art Gallery Shows, Afternoon Tea, Theatre Shows</p> <p>Get off campus and try something new! Take that much needed break from your studies if you have been working hard during the week and come back refreshed and enlightened from a cultural trip to the theatre/art gallery; push your limits with the Outdoor Challenge Programme or take in a different cities atmosphere and have coffee with your friends. Take a look at your timetable and ensure you have a good work: play balance, which is essential to being most productive.</p>	
Sports: 2:00pm – 6:00pm	What I Plan To Do
<p>Fishing Academy, Golf Academy, Horse Riding, Football, Badminton, Tennis, Volleyball, Cricket, Rounders, Kick-boxing, Swimming</p> <p>Burn off some of that extra energy to aid your concentration levels. Be pro-active and join in around campus, even if for a well-deserved one hour break in the afternoon – You can fit it in!</p>	
Time-out:	What I Plan To Do
<p>Letter Writing, Meditation/Self Reflection, Read a Book, A Long Walk, Watch a Film, Polish Shoes, Organise Personal Space</p> <p>Being in a boarding environment means that you are constantly on the go and surrounded by people. It's great to join in with all the activities and ensure you get that piece of work finished that your teachers demand from you, but you have to make time for yourself as well. Sunday afternoon is a great time for this as it is quiet and everyone is getting on with their own interests. It's good to have some 'you' time.</p>	