

**BUCKSWOOD**  
FOOTBALL ACADEMY

**HASTINGS UK**

# ...welcome

Welcome to the Buckswood Football Academy. I must confess I know little or nothing about football itself, though I do stand on the touch line and support very enthusiastically. However, what I do know is that there are many young boys and girls that have a talent in this field and I want to be able to help them reach their goals. I will give them every opportunity I can to ensure that they get the very best so that they can do the very best. Not everyone will go on to play football professionally, they may reach National or County standard or end up playing for their University, their future employer's team or just in a friendly Sunday league. Whichever pathway they take I want to be able to ensure that we give them that opportunity so that they have an outlet that will help them to have that feeling of achievement and fulfilment. Facilities are of course important and every parent looks for the quality of the astro turf (and Buckswood is well equipped for good sport tuition), but more importantly I believe is "esprit de corps". All teenagers must have strong mentors to guide them and encourage them to be the best and our football coaches and support staff do just that, both inside the classroom and on the field, and it works. I am always amazed by the dedication of the football academy squad, out practising in all weathers, learning to work as a team and pushing themselves to be the best; what more can one ask? Too many nowadays just aim for the norm; the football coaches here instruct and instil a sense of purpose, belonging and a "can do" spirit.

THE HEADMASTER



## If you want to be t

# the academy ...

The Buckswood Football Academy is a development centre for players to receive the necessary focus in terms of training hours and provide the quality of coaching and support needed to promote players progress up the player pathway to a potential professional career.

## **What makes the Buckswood Football Academy different?**

Where the Buckswood approach differs from other Football Academies is the balance struck between football training and education; and the breadth of qualifications on offer from English language courses, short term academic courses, GCSEs, IGCSEs, BTECs, ALevels, IB and a University Foundation Course in Football Studies. We recognise that players need to maintain a high level of education at the same time as developing their playing ambitions and keep career options open.

The Buckswood Academy has over 70 players from Europe, South America, Asia, the Caribbean and Africa, so every member of the academy soon becomes a more adaptive, versatile player as they learn different styles of play and making them a valuable addition to any team. Many of our Academy players are already competing at the top levels, flying off to their home countries to represent their home nations in their age range or are already signed at a club and the Buckswood Academy allows them to keep up their academic studies and receive top class coaching to fit in with their call-ups. The Academy is supported by a professional team of coaches, strength and conditioning experts, specialists and academic staff, and the training program fits seamlessly into the academic timetable.

An extensive fixtures list in local, regional and national competitions, matches against professional teams, European tour schedule and numerous scouting and trialling opportunities ensures that every member of the Buckswood Football Academy gets the chance to showcase their talents and take their football to the next level. So if you are aiming for a professional career on or off the pitch or a dedicated player looking for an educational program that incorporates football Buckswood is the right choice for you.

## **Does it work?**

When you join the Buckswood Football Academy you are becoming part of our family, and walking in the footsteps of those who have gone before you. Being one of the leading school-based Football Academies in the UK, you will find our past players making their way in the professional world of Football both here and abroad in the Premiership and league sides... And for those who find their passion lies off the pitch, we have a long history of Academy students going on to semi-professional careers and Sports related degrees at the UK's top universities.



# the best you have to train with the best ...

# Why should I join the Buckswood Football Academy

## The Buckswood coaching approach...

When you are looking at joining any Football Academy there are a number of questions you should ask to be confident that you are investing your time and energy in the right way. It is a well-known football fact that to become a pro you will need to have trained for around 10,000 hours, but the wrong type of training will shorten your career and damage your chances. So what should you find out?

### 1. Who will be training me?

At Buckswood you will find our Football coaches are led by Juan Carlos Magro a pro licence coach with both European top flight and International experience with clubs such as Valencia C.F and Real Madrid C.F. Working with Juan is a team of professional UEFA licenced coaches with specialities that stretch across the game from video analysis, goal keeping to strength and conditioning and our health team support the coaching staff with physiotherapy and general health and fitness.

### 2. What opportunities will I get?

Buckswood competes at the highest level of English school Football, competing both at County and national level. Internationally, Buckswood compete in European challenge cups against other Academy sides. Because of the quality the Buckswood Football Academy produces (consistently finishing in the top four in the UK), our teams are also eligible to play against professional and semi-professional academy sides such as Gillingham FC, Hastings United, Maidstone United, Lewes FC and Chelsea Foundation Elite Team.

### 3. How successful is the Academy in placing players?

With Buckswood Football Academy players in the UK Premier League already, you can rest assured that if you have the talent, we have the right programme to help you towards a professional career up the player pathway. Every year we have 100% of our players in front of professional scouts and we regularly chaperone our players to professional trials both in the UK and in Europe to give them the support and guidance they need to make the most of the opportunities ahead of them.

### 4. What makes Buckswood different?

Not only will you maintain our academic studies in a British boarding school environment, you will benefit from training with players that are already competing at the top levels for their age group but also players from all over the world. In the Buckswood Football Academy you will learn from each other and become a truly rounded player, used to and able to play in the English, European, South American, Asian and African style so will soon be the adaptable, flexible, skilful player with the attitude and ability to make it as a pro.

# Pro train



all Academy?

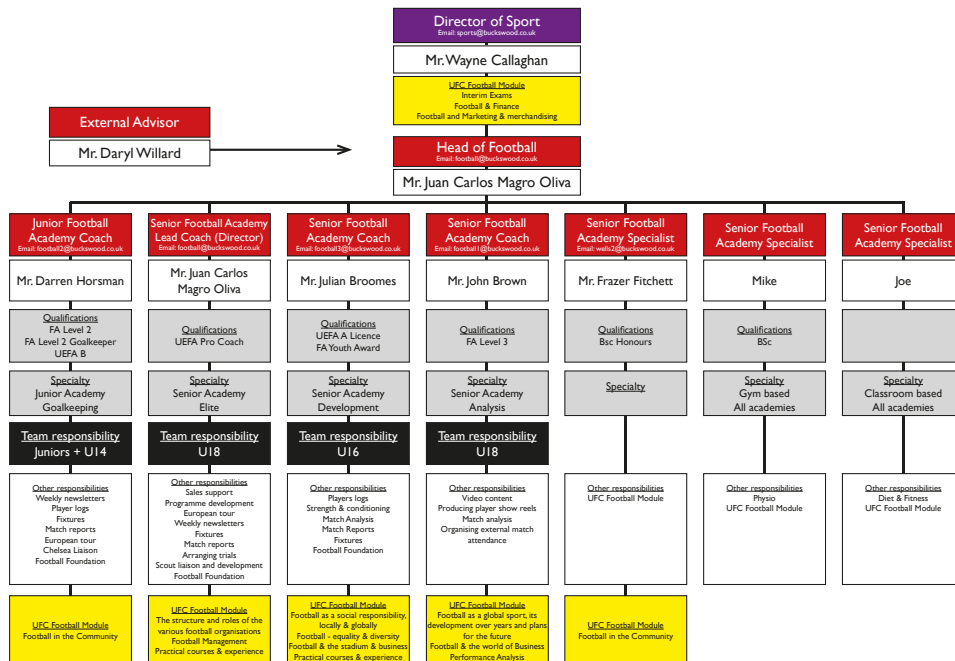


ing, pro connections, pro opportunities...

# Academy staff

The first step to making it as a professional Football player is to want it, the second is to find the right place to nurture your talent. Buckswood is the South of England's premier Football Academy with junior and senior academies with elite and development divisions. There is a well-known football saying that it takes 10,000 hours of practice to make it as a professional; but it has to be the right training. There are players who have cut their careers short by training too hard, too fast and so become injury prone and a bad investment for a club.

With many years' experience in preparing player to join the professional world of football both on and off the pitch, your development is in safe hands at the Buckswood Football Academy. Many young players select Buckswood to complement their training at a Premiership Development Centre, and so you will find the calibre of your fellow academy members is unrivalled in a school-based Football academy. At Buckswood you will be training under the noses of Premiership scouts and playing against semi-professional teams, so you will be training in the right way in the right place at the right time – all you need to do is bring the talent!



# Your development in safe hands...

## **Buckswood Director of Football, Juan Carlos MargoOliva 'Coach Magro' – UEFA 'Pro' License**

With years of experience at some of Europe's top clubs and further afield in China, India and the Caribbean, coach Magro has developed a methodology that suits all style of play and is ideally suited not only to meet the coaching needs of the international student, but also the social issues that can be experienced by players from all over the world when English is not their first language.

Coach Magro has coached all over the world, both players and coaches, and his methodologies have been published in Spain's leading football publication ABFUTBOL.

- Pro licence coach since 2007
- Began career at Valencia CF
- Technical Director of Valencia CF Academy in Bermuda
- Director of International coaches for Valencia CF
- Mumbai Warriors Soccer Club
- U14 and U19 coach, Technical Skills Performance Trainer, Leiknir Reyjavik
- Coordinator and Coaching Methodology Instructor, Real Madrid CF Academy coach, China
- Buckswood, UK



Coach Magro says "My motivational skills see me put passion into everything I do, especially in teamwork which I 100% believe is essential to achieve each player's objectives. My coaching technique draws upon my many years' experience of players from all over the world, adapting quickly to coach in a way that brings out the best in every player.

My philosophy is 'before you teach... try to know further about the person, as a human being...'

After we grasp the individual, coaching the player is going to be easier. This understanding of the individual is the key to achieving a personal improvement, individually and as a team."



# wood: where talent meets opportunity...



## Our facilities ...

Just like the game itself there is more to Football at Buckswood than a pitch! At Buckswood you will find not only a coaching team more highly qualified than any other school based academy and a wide reaching academic programme you will find AstroTurf pitches, grass pitches, a physio room, health centre, leisure pool for warm-up, warm-down injury avoiding exercises and a professional gym. For the past ten years, we have been developing the Football provision at Buckswood, resulting in the Buckswood Football Academy being rated among the best in the UK.

With most Academy players boarding at the school, the comradery between the players is strong and with unlimited access to the gym, swimming pool and evening activities such as fitness training sessions, match trips and group game watching; the Buckswood football experience produces well-rounded, successful graduates.







**A school and a home ...**

# Finding the right academic programme t

Depending on your age, level of ability and career ambitions, at Buckswood you will find the right academic course for you. The Junior school curriculum offers students between the age of 10 and 14 a wide introduction to the world of languages, humanities, sciences, the arts and maths. During a student’s Senior school years 2 year GCSE, 1 year IGCSEs, IELTS and ECDL (computing) options are available. Moving into the Sixth Form the academic program widens further with A Levels, IB, UFC (university Foundation Course) in Business and new for this year a UFC in Football Studies.

## UFC Football Studies:

Football is a global game played by millions around the world, and whether it’s grassroots football on a Sunday morning or the World Cup final there’s a lot more to the game than kicking a ball around. At Buckswood the new Football University Foundation Course covers all aspects of the game and is the ideal preparation for a football or sports related degree. Recognised at over 30 British universities, the Buckswood Football UFC combines classroom lessons with industry visits and practical course elements with additional qualifications in coaching, refereeing and safeguarding. The UFC includes coursework, case studies, presentations and a final exam, developing students’ business skills as well as their knowledge and experience base.

The course modules are led by industry experts and delivers a well-rounded education in the world of football.

Unit 1	The structures and roles of the various football organisations, FA, UEFA; their commitments and obligations.
Unit 2	Football in the community – theory and practice.
Unit 3	Football as a global sport, its development over years and plans for the future.
Unit 4	Football as a social responsibility, locally and globally.
Unit 5	Football - equality and diversity (gender, age and disability)
Unit 6	Football and the world of business.
Unit 7	Football and Finance.
Unit 8	Football marketing and merchandising.
Unit 9	Football and sports law.
Unit 10	Football and the stadium.
Unit 11	Case study.
Unit 12	FA Qualifications.
Unit 13	Performance analysis, theory and practice.

# to complement your training...

## Academics balanced with the Academy Programme ...

### Sample Academy Training Schedule

TERM	WEEK	DATE	GAME'S PHASE	MoG MAIN OBJECTIVE	MoG PRINCIPLES (TACTICAL)	MoG SUB-PRINCIPLES (TECHNICAL-TACTICAL)
		 FIRST THIRD		 MIDDLE THIRD		 FINAL THIRD
C H R I S T M A S  T E R M	1	SEPTEMBER 11	ATTACKING	BUILDING UP - FROM THE BACK	SPACE'S OCCUPATION & CREATION	SUPERIORITY, FREE MAN (FM), 3RD MAN
			DEFENDING	TRANSITION ATTACK - DEFENSE IN 1ST THIRD	PRESSURE & DROP BACK	FRONTAL PRESSURE, 1V1, 1V2, CONVERSION
	2	SEPTEMBER 18	ATTACKING	BUILDING UP - FROM THE BACK	WIDTH & DEPTH	PASS THROUGH, DRIBBLE TO GET SUPERIORITY
			DEFENDING	TRANSITION ATTACK - DEFENSE IN 2ND THIRD	PRESSURE, COVER & BALANCE	FRONTAL PRESSURE, SHIFTING, FREE MAN
	3	SEPTEMBER 25	ATTACKING	BUILDING UP - FROM THE BACK	WIDTH & DEPTH	SWAPPING, PASS THROUGH, DRIBBLE TO GET FM
			DEFENDING	TRANSITION ATTACK - DEFENSE IN 3RD THIRD	PRESSURE	FRONTAL PRESSURE, 1V2, 2V3
	4	OCTOBER 2	ATTACKING	TRANSITION DEFENSE - ATTACK IN 3RD THIRD	SWITCHING & COUNTER-ATTACK	LONG SHOT, 2ND BALL, PUSH UP FROM BACK
			DEFENDING	TRANSITION ATTACK - DEFENSE IN 3RD THIRD	PRESSURE	FRONTAL PRESSURE, 1V2, 2V3
	5	OCTOBER 9	ATTACKING	TRANSITION DEFENSE - ATTACK IN 2ND THIRD	SWITCHING & COUNTER-ATTACK	3RD MAN, SWAPPING, PASS THROUGH, DRIBBLE
			DEFENDING	TRANSITION ATTACK - DEFENSE IN 2ND THIRD	PRESSURE, COVER & BALANCE	FRONTAL PRESSURE, SHIFTING, CONVERSION
	6	OCTOBER 16	ATTACKING	TRANSITION DEFENSE - ATTACK IN 1ST THIRD	COUNTER-ATTACK	FIRST PASS TO THE FREE MAN, 3RD MAN, DRIBBLE
			DEFENDING	TRANSITION ATTACK - DEFENSE IN 1ST THIRD	PRESSURE & DROP BACK	FRONTAL PRESSURE, 1V1, 1V2, CONVERSION
	7	OCTOBER 23	HALF TERM			
	8	OCTOBER 30	ATTACKING	BUILDING UP & COUNTER-ATTACK 1ST THIRD	WIDTH & DEPTH	3RD MAN, PASS THROUGH, SWAPPING, DRIBBLE
			DEFENDING	TRANSITION ATTACK-DEFENSE IN 2ND & 3RD T	PRESSURE, COVER & BALANCE	FRONTAL PRESSURE, SHIFTING, 1V2, 2V3
	9	NOVEMBER 6	ATTACKING	BUILDING UP & COUNTER-ATTACK 1ST THIRD	WIDTH & DEPTH	3RD MAN, PASS THROUGH, SWAPPING, DRIBBLE
			DEFENDING	TRANSITION ATTACK-DEFENSE IN 2ND & 3RD T	PRESSURE, COVER & BALANCE	FRONTAL PRESSURE, SHIFTING & COVER, 1V1, 2V1, 1V2, 2V3
	10	NOVEMBER 13	ATTACKING	ATTACKING FROM 2ND TO 3RD THIRD	WIDTH & DEPTH	PASS THROUGH, SWAPPING, DRIBBLE, PUSH UP FROM BACK
			DEFENDING	DEFENSIVE REORGANIZATION AFTER FINISHING	SPACE'S OCCUPATION	ZONAL MARKING, SHIFTING, COVERING
	11	NOVEMBER 20	ATTACKING	ATTACKING FROM 2ND TO 3RD THIRD	WIDTH & DEPTH	PASS THROUGH, SWAPPING, DRIBBLE, PUSH UP FROM BACK
			DEFENDING	DEFENSIVE REORGANIZATION AFTER FINISHING	SPACE'S OCCUPATION	ZONAL MARKING, SHIFTING, COVERING
	12	NOVEMBER 27	ATTACKING	TRANSITION DEFENSE - ATTACK IN 2ND & 3RD T	SWITCHING & COUNTER-ATTACK	SWAPPING, CROSS & ASSIST, BREAKS, PUSH UP FROM BACK
			DEFENDING	TRANSITION ATTACK - DEFENSE IN 2ND & 3RD T	PRESSURE, COVER & BALANCE	FRONTAL PRESSURE, SHIFTING & COVER, 1V1, 2V1, 1V2, 2V3
	13	DECEMBER 4	ATTACKING	TRANSITION DEFENSE - ATTACK IN 2ND & 3RD T	SWITCHING & COUNTER-ATTACK	SWAPPING, CROSS & ASSIST, BREAKS, PUSH UP FROM BACK
			DEFENDING	TRANSITION ATTACK - DEFENSE IN 2ND & 3RD T	PRESSURE, COVER & BALANCE	FRONTAL PRESSURE, SHIFTING & COVER, 1V1, 2V1, 1V2, 2V3
	14	DECEMBER 11	ATTACKING	TRANSITION DEFENSE - ATTACK IN 2ND & 3RD T	SWITCHING & COUNTER-ATTACK	SWAPPING, CROSS & ASSIST, BREAKS, PUSH UP FROM BACK
			DEFENDING	TRANSITION ATTACK - DEFENSE IN 2ND & 3RD T	PRESSURE, COVER & BALANCE	FRONTAL PRESSURE, SHIFTING & COVER, 1V1, 2V1, 1V2, 2V3

# 11 at Buckswood: it's time to get serious...



# Beyond the training ground...

The Buckswood Football Academy racks up hundreds of miles every season playing in local, regional and national competitions; finishing top of the local league and fourth in the UK last season. The Academy also play regular matches against professional and semi-professional sides such as Chelsea Football Club Foundation Elite squad and Gillingham FC. Further afield the Academy travel in Europe to compete in the Roma international cup and train at top clubs.

Top 4 in England in the English Schools FA competition.



## International Trips

Our international tours take our players out on the road to experience the world of football at the home of some European giants! Staying at, training with and playing matches against other Academies, and watching matches in Europe's most famous grounds makes our Academy players work harder and find hidden passion that drives them ever closer to their career goals.

### Recent trip destinations:

- ✓ Sporting Lisbon Training Camp
- ✓ St Denis Tour Paris
- ✓ St George's Park and training with England coaching staff
- ✓ Real Madrid Training Camp
- ✓ Ajax Training Camp





## **Trials & Signings 2017**

Hyeokjun Lee, South Korea – 3 year deal with FK Ventspils, Latvia

Takuki Bunya, Japan – trialled at Manchester City

Nicholas Abbott, UK – pro contract with Spanish Football Academy

Alonso Alvarez, Mexico – trialled at AC Milan, Ajax and Deportivo Leganes

Juan Emiliano, Mexico – trialled with Malaga FC

## **Trials this season:**

George, Ghana – trialled in Eastern Europe

Albert, Ghana – trialled in Eastern Europe

Malachi – signed Crystal Palace  
Won – National U18's player

Kane – National U17's player, trialled at Reading FC, AFC Wimbledon and Bournemouth FC

Terem – Trialled at AFC Wimbledon

Aaron – National U20's player, trialled at Port Vale 1st Team

Anton – Trialled at Cheltenham Town FC

Michael – Training at West Ham Utd

Bobby – Trialling Reading FC

JJ – U12 Sussex County Captain

# **Tournaments, trips and trials ...**

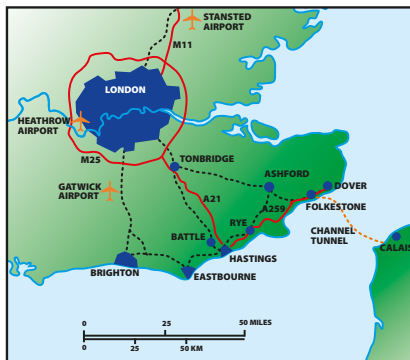


## Where are we...

**From Heathrow:** take the M25, south-east, A21 towards Hastings before going into the town of Hastings take the B2093 then the A259 towards Rye. A few miles out of Hastings you will find Buckswood School on the right, at Guestling.

**From Gatwick:** take the M23 to London to join M25 eastbound, take A21 towards Hastings; before going into the town of Hastings take the B2093 then the A259 towards Rye. A few miles out of Hastings you will find Buckswood School on the right, at Guestling.

**From Ashford:** take A2070 southbound to Brenzett, join A259 to Rye and Hastings. Before reaching Hastings, you will come to the village of Guestling. Buckswood School is on the left.



## Academy highlights...

- ✓ One match day experience per season.
- ✓ Training session at a Premier League club.
- ✓ Opportunity to gain a Skills Challenge Certificate.
- ✓ Train for your FA Coaching badge.
- ✓ One European football tour per season.
- ✓ Guided tour of the national stadium at Wembley.
- ✓ Train for your referees qualification.
- ✓ Premier League / Football League scout assessment every term.
- ✓ Opportunity to play high level local football.
- ✓ FA Youth Cup match tickets – see the best Under 18s in the country.
- ✓ Speed, Agility and Quickness programme.
- ✓ Regular visits to Charlton Athletic FC matches.
- ✓ Fitness testing facilities.
- ✓ Use of school gym.
- ✓ Academy training kit and travel suits.
- ✓ The boot room – Choose your boots at the academy as the manufacturers visit us and offer advice.
- ✓ Use of players pool and sauna for post match recovery.
- ✓ Visit to Premier League Academy training session.
- ✓ Two Premier League football fixture tickets per season.
- ✓ Weekend social activities.
- ✓ Accommodation and all meals.
- ✓ All academic lessons and support.
- ✓ Unlimited use of all school sports facilities.
- ✓ Six training sessions per week.
- ✓ Competitive matches.
- ✓ Performance profile analysis.
- ✓ Various Premier League Club Tours (e.g. Chelsea, Fulham, Arsenal, Tottenham and the National Stadium)

## Academic Courses...

### Junior School

(10-13 years old)  
British National Curriculum

### GCSE (2 Yr Course)

(14-16 year olds)  
English  
Maths  
Science  
French  
Additional Science  
Business Studies  
Graphics  
Religious Studies  
Geography  
Mandarin  
Spanish  
History ECDL  
Global Citizenship  
Art  
Music  
PE  
Media Studies

### GCSE (1 Yr Intensive)

(15-16 year olds)  
(A combination of the above GCSE courses)

### A levels

(16+ – 18 year olds)  
Chemistry  
Spanish  
Art  
History  
Maths  
Further Maths  
Geography  
Photography  
English Language  
Drama  
Biology  
English Literature  
Accounting  
Politics  
French  
Business  
Critical Thinking  
World Development  
Environmental Science  
Chinese  
Physics  
Economics

### IB

(16+ – 18 year olds)  
Business Management  
History  
Biology  
Environmental Studies  
Maths  
Maths Studies  
Visual Arts  
Geography  
French  
Theory of Knowledge  
Spanish  
English  
French  
Russian  
German

### Football UFC

### University Foundation (Business)

(17-18 year olds)

### English Language Courses

(11-18 year olds)





# Success stories...



**Nicholas Abbott**  
**FC Malaga City**



**Shaun Okojie**  
**Aldershot Town FC**



**Diego Corona**  
**Lobos Buap, Sub 17**

## **Hyeokjun Lee**

Signed 3 year pro deal at  
FK Ventspils in Latvia



## **Archie Davies**

Signed at  
Brighton & Hove Albion FC



## **Habeeb Olaitam**

Starts pro contract in Europe



## **Ibrahim Rasheed**

Starts pro contract in Europe



## **How to book...**

Email: [admissions@buckswood.co.uk](mailto:admissions@buckswood.co.uk) or apply online at: [www.buckswood.co.uk/applying-for-an-academy](http://www.buckswood.co.uk/applying-for-an-academy)

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