

## **PHSE Resources for the Summer Term 2018**

### **Week 1:**

Healthy relationships:

<http://www.loveisrespect.org/healthy-relationships/>  
<http://kidshealth.org/en/teens/healthy-relationship.html>  
<http://www.bbc.co.uk/education/topics/zfqqtfr>  
<https://www.psheassociation.org.uk/sites/default/files/Disrespect%20Nobody%20Discussion%20Guide%2016-18%20year%20olds.PDF> (for KS5)  
<http://www.safedate.org.uk/healthy-relationships>  
<http://www.pamf.org/teen/abc/buildingblocks/respect.html>  
<https://www.disrespectnobody.co.uk>

and the law

<http://www.fpa.org.uk/factsheets/law-on-sex>  
<https://www.nspcc.org.uk/preventing-abuse/child-protection-system/legal-definition-child-rights-law/legal-definitions/>  
[https://www.thinkuknow.co.uk/14\\_plus/Need-advice/Sex-and-the-law/](https://www.thinkuknow.co.uk/14_plus/Need-advice/Sex-and-the-law/)  
<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/underwear-rule-children-guide-english.pdf>

and via pop songs

<http://www.loveisrespect.org/content/putting-media-to-the-test/>

You can also use google images (healthy relationships) for lots of really good posters

There are hundreds of resources for this topic. If you prefer to get the class to watch films and discuss the issues these raise, use the links above to find something you are comfortable with.

**Week 2:** follow up: There are so many resources here that house staff should easily be able to find an age appropriate film clip to show and discuss

**Weeks 3 and 4:** Sexual relationships and contraception

<http://www.bbc.co.uk/education/topics/zv3g87h/resources/1>  
<http://www.telegraph.co.uk/women/sex/16-types-birth-control-need-know/>  
<https://childline.org.uk/info-advice/friends-relationships-sex/sex-relationships/sexually-transmitted-infections/>

There are lots of resources, either via the links above or, if you prefer, there are some lesson packs on this topic on the PHSE page. Please note that you will probably need to spend two lessons on this topic.

**Weeks 5 and 8:** Unhealthy relationships and keeping safe online

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-grooming/>

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/teaching-resources/>

<https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/grooming/>

<https://www.youandco.org.uk/coping-crime/young-peoples-experiences/chloes-experience>

<https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/child-sexual-abuse/helping-children/>

<https://www.survivorsuk.org/survivor-experiences/films/>

[https://www.thinkuknow.co.uk/14\\_plus/Films/Consequences/](https://www.thinkuknow.co.uk/14_plus/Films/Consequences/)

[https://www.thinkuknow.co.uk/14\\_plus/Films/Clare/](https://www.thinkuknow.co.uk/14_plus/Films/Clare/)

[https://www.thinkuknow.co.uk/14\\_plus/Need-advice/Online-dating/](https://www.thinkuknow.co.uk/14_plus/Need-advice/Online-dating/)

The last three links go with a resource booklet EXPOSED, on the PHSE page

This subject can be tackled by showing some of the films in the links above and use then to elicit the dangers of chatting online to people you don't know

**Week 7** is half term

**In weeks 6 and 9** follow-up discussions can take place around the case studies via the links above. Remember that CSE here in the UK may not be seen as such for other cultures, so go gently!

Week 10: Trafficking and forced marriage

<https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/child-trafficking/>

<https://www.nspcc.org.uk/what-we-do/childrens-stories-about-abuse/gracies-story/>

<https://www.nspcc.org.uk/services-and-resources/services-for-children-and-families/child-trafficking-advice-centre-ctac/>

<http://www.bbc.co.uk/ethics/forcedmarriage/>

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/crime-law/forced-marriage/>

<http://www.telegraph.co.uk/women/womens-life/11899171/Forced-marriage-in-Britain-It-nearly-happened-to-me.html>

<https://www.theguardian.com/society/forced-marriage>

<https://www.youtube.com/watch?v=n65w1DU8cGU>

Above are a number of film, website and newspaper resources that highlight the facts, survivors' experiences and what to do if you suspect someone is being forced into a marriage. The last link shows a very powerful video of a female Afghan rapper telling of her experience of being forced into marriage. Thankfully, she was eventually saved by the film-maker