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| Individual Rights and Responsibilities Workbook |
| PSHE |
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| What is a right? | What is a responsibility? |
| List 10 rights:  1.  2.  3.  4.  5.  6.  7.  8. | List 10 responsibilities:  1.  2.  3.  4.  5.  6.  7.  8. |

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| Describe an individual right which is relevant to you | Describe a responsibility that you have to others | Describe a responsibility that you have for yourselves |
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| Why is this right relevant to you? | Why is this responsibility you have to others relevant? | Why is this responsibility relevant to you? |
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Choose two colours. One colour needs to be for rights and the other for responsibilities.

Your task is to colour the following boxes accordingly to whether you feel they are a right or responsibility.

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| Not to spread lies about people | | | To obey the law | | To be honest | |
| Access to education | To own a property | | | Life | Not to harm others | |
| To say what I believe | | To food | To take care of children | | | To privacy |
| To respect the property of others | | | To keep myself healthy | | | |
| To marry and have children | | To do my best at school | | | To hospital treatment | |
| A fair trial if accused of a crime | | | To protect the environment | | | |

Key: ( ) = Rights ( ) = Responsibilities

Fill in the table below explaining your rights and responsibilities you have in the following situation.

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| Situation | Right | Responsibility |
| Education |  |  |
| Politics |  |  |
| As a consumer |  |  |
| In the family |  |  |
| In the community |  |  |
| At work |  |  |
| Health |  |  |

Organisation which offer information on rights and responsibilities

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| --- | --- |
| Name of the organisation: | Name of the organisation: |
| Address: | Address: |
| Telephone: | Telephone: |
| Email: | Email: |
| Website: | Website: |
| What information or support does the organisation offer: | What information or support does the organisation offer: |

Responsibilities I have to others…

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| --- | --- |
| Name of person | Responsibilities I have to this person |
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