

Academic Year Planner 2017/18

Subject	Horse riding
Teacher	Shannon Jackson / Abbie Grove-Cook
Group/Class	Intermediates / Gold

Week	Date	Lesson	Assessment	Extras
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CHRISTMAS TERM

1	September 11	To know what is meant by supple seat and to demonstrate to the instructor in walk, trot and canter.		
2	September 18	To demonstrate supple seat with and without stirrups.		
3	September 25	To be able to co-ordinate natural and artificial aids to prepare and ride transitions and exercises including moving away from the leg and maintaining the horse's way of going.		
4	October 02	To be able to ride different types of horses and improve their way of going.		
5	October 09	To be able to explain the school rules to the instructor. To be able to explain what the horse needs to improve on and what could help.		
6	October 16	To work on leg yielding in walk and trot.	to	
7	October 23	Half Term	Take level 3 BHS theory book home.	
8	October 30	Work on transitions to halt and to work on rein back.		Spooky races (Halloween)
9	November 06	Work on a figure of eight in rising and sitting trot also showing lengthened strides.		
10	November 13	Work on leg yielding in canter.		
11	November 20	To be able to show developed work in your canter.		
12	November 27	Work on turn on the forehand.		
13	December 04	To be able to leg yield on a circle.		Christmas hack to the local pub for hot chocolate and biscuits.
14	December 11	To be able to demonstrate various school movement with the horse on an outline.		Compete against another rider in chase me Charlie
CH 1	December 18	Learn theory stage BHS level 3		
CH 2	December 25	Learn theory stage BHS level 3		
CH 3	January 01	Learn theory stage BHS level 3		

EASTER TERM

1	January 08	Show a change of rein in trot across the diagonal and pick up canter before going back to the track.	BHS practise theory test.	
2	January 15	Work on a prelim dressage test.		
3	January 22	Work on a prelim dressage test		
4	January 29	Dressage test competition.		Dressage test competition.
5	February 05	Work on a counter canter.		
6	February 12	Half term		
7	February 19	To be able to walk a showjumping course. To be able to ride, straight and light into and over a fence.		
8	February 26	To be able to ride down a grid of fences.		
9	March 05	Carry out suitable warm up exercises for jumping.		
10	March 12	Explain and ride the correct approach to a grid.		Lingfield point to point.
11	March 19	Mini BHS riding practise test.	Mini BHS riding practise test.	
EH 1	March 26	BHS level 3 theory		
EH 2	April 02	BHS level 3 theory		
EH 3	April 07	BHS level 3 theory		

SUMMER TERM

1	April 16	BHS level 3 exam practise		Easter show inc easter egg hunt.
2	April 23	Work over cross country fences		
3	April 30	Work over cross country fences		
4	May 07	Work over a grid with no reins and no stirrups.		
5	May 14	To be able to complete a large showjumping course.		
6	May 21	Jump a meter show jumping course.		Cross country schooling
7	May 28	Half Term		
8	June 04	To learn the basics of polo cross.	BHS level 3 exam	
9	June 11	Practise vaulting.		Trip
10	June 18	Royal ascot trip.		Royal ascot
11	June 25	To be able to perform a full tack and turn out for the end of year show.		End of year show