

Academic Year Planner 2017/18

Subject	Horse riding
Teacher	Abbie Grove-Cook / Shannon Jaackson
Group/Class	Beginners / bronze

Week	Date	Lesson	Assessment	Extras
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CHRISTMAS TERM

1	September 11	To learn how to get on and off and know the correct equipment.		
2	September 18	To be able to tell the instructor the correct equipment and to be able to walk the horse forward.		
3	September 25	Be able to stop and walk the horse on.		
4	October 02	To be able to turn the horse left and right in walk around the sand school.		
5	October 09	To be able to turn left and right in walk around the sand school.		
6	October 16	To be able to demonstrate the rising trot movement and be able to get the horse to trot.		
7	October 23	Half Term	Take BHS level 1 theory book home.	
8	October 30	To be able to get the horse to trot.		Spooky races (Halloween)
9	November 06	To be able to keep trot for a full 20 meter circle.		
10	November 13	To be able to trot around the whole sand school		
11	November 20	First hack out of Buckswood and to also learn the signals when out on the road.		
12	November 27	To trot on the lunge with no hands.		
13	December 04	Trot on the lunge with no hands and practise around the world.		Christmas hack to the local pub for a hot chocolate and biscuits.
14	December 11	To be able to do a handy pony, performing walk and trot confidently and in the quickest time. This will be scores on the door and a competition against fellow riders.		Handy pony competition.
CH 1	December 18	Learn theory stage BHS level 1		
CH 2	December 25	Learn theory stage BHS level 1		
CH 3	January 01	Learn theory stage BHS level 1		

EASTER TERM

1	January 08	Recap riding from last term, learn the leg aid for canter.	BHS practise theory test.	
2	January 15	Learn to tack up a horse and to start learning a walk and trot dressage test		
3	January 22	Work on walk and trot dressage test.		
4	January 29	Work on walk to trot dressage test.		
5	February 05	Go to the vineyard to practise a canter.		Walk and trot dressage test competition.
6	February 12	Half term		
7	February 19	To be able to canter down the long side of the sand school.		
8	February 26	To be able to canter on the lunge.		
9	March 05	To be able to canter a 20 meter circle.		
10	March 12	First hack up to upper fields.		Lingfield point to point.
11	March 19	Practise BHS riding test.	Mini BHS riding practise test.	
EH 1	March 26	BHS level 1 theory		
EH 2	April 02	BHS level 1 theory		
EH 3	April 07	BHS level 1 theory		

SUMMER TERM

1	April 16	Practise level 2 riding practise.		Easter show inc, Easter egg hunt.
2	April 23	Learn the stage of going over a small jump, work on going over a small jump.	BHS level 1 exam	
3	April 30	To be able to jump a small cross pole in canter.		
4	May 07	Work on a small showjumping course		
5	May 14	To be able to complete a small showjumping course.	BHS retake	
6	May 21	Practise vaulting		Gymkhana games
7	May 28	Half Term		Teddy bears picnic
8	June 04	To learn the basics of polo cross.		
9	June 11	Practise polo cross		Polo cross trip
10	June 18	Learn about horse racing and have a go at jockey position		Royal ascot trip
11	June 25	To be able to perform a full tack and turn out with your horse for end of year show.		End of year show