

MENUS



TERM:	
WEEK:	1

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Beans Toast & Preserves Fresh Fruit Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fried Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Scrambled Eggs and chives Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee
B	-	Tea/Juice & Biscuits	Tea/Juice & Biscuits		Tea/Juice & Biscuits	Tea/Juice & Biscuits	-
LUNCH/BRUNCH	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Cheese and mushroom Pasta Bread Fresh Fruit	Sweet and Sour Chicken Fried Rice Fresh Fruit	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Pasta in a pepper and mushroom cream sauce Fresh Bread Salad Fresh Fruit	Fish cakes French Fries Coleslaw Fresh Fruit	Hot Chilli Concane Yellow Fried Rice Fresh Fruit
B	Gateau and Juice	Gateau and Juice	Gateau and Juice		Gateau and Juice	Gateau and Juice	-
DINNER	Fish Fingers and Chips Cinnamon buns Fresh Fruit Gateau Tossed Salad	Beef Lasagne Garlic Bread Green Mixed Salad with croutons Strawberry Cheesecake Fresh Fruit Gateau	Irish Stew Dumplings Sweet Carrots Fresh Bread Tossed Salad Fresh Fruit Gateaux Ice Cream and chocolate sauce	Beef Burger and Chips Tossed Salad Chocolate Muffins Fresh Fruit Gateau	Beef Lasagne Sweet Corn Bread rolls and butter Tossed Salad Fresh Fruit Gateau Carrot Cake	Roast Chicken Roast Potatoes Yorkshire puddings Sweet Carrots Minted peas Gravy Fresh Fruit Gateau Cinnamon buns Tossed Salad	BBQ Tossed Salad Coleslaw Pasta Salad Fresh Fruit Fruit Juice Choc Ice

MENUS



TERM:	
WEEK:	2

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Beans Toast & Preserves Fresh Fruit Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fried Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	 Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Scrambled Eggs and chives Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee
B	-	Tea/Juice & Biscuits	Tea/Juice & Biscuits		Tea/Juice & Biscuits	Tea/Juice & Biscuits	-
LUNCH/BRUNCH	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Cheese and mushroom Pasta Bread Fresh Fruit	Beef Chow Mein Egg Fried Rice Fresh Fruit	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Chunky soup Ploughman's lunch Fresh Fruit	Battered Cod & Lemon Chips Peas Fresh Fruit	Savoury Meatballs & Pepper Sauce Rice Fresh Fruit
B	Gateau and Juice	Gateau and Juice	Gateau and Juice		Gateau and Juice	Gateau and Juice	-
DINNER	Fish Fingers and Chips Rainbow pudding and strawberry sauce Fresh Fruit Gateau Tossed Salad	Chilli Beef Pie Cauliflower Cheese Garlic Bread Ice Cream and Chocolate Muffins Fresh Fruit Gateau Tossed Salad	Spicy Fried Chicken Chips Fresh Fruit Gateau Tossed Salad Banoffee Pie	Cheeseburger and Chips Baked Beans Pancakes with Chocolate sauce Fresh Fruit Gateau Tossed Salad	Chicken Pie in a Mushroom Sauce Coriander Carrots Saute Potatoes Rice pudding Fresh Fruit Gateau	Roast Chicken Creamed Swede Sweet Carrots Roast potatoes Minted Gravy Queen of pudding Fresh Fruit Gateau Tossed Salad	BBQ Tossed Salad Coleslaw Pasta Salad Fresh Fruit Fruit Juice Choc Ice

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TERM:	
WEEK:	3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Beans Toast & Preserves Fresh Fruit Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fried Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	 Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Scrambled Eggs and chives Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee
B	-	Tea/Juice & Biscuits	Tea/Juice & Biscuits		Tea/Juice & Biscuits	Tea/Juice & Biscuits	-
LUNCH/BRUNCH	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Vet Koek Filled with Beef Mince and Vegetable Green Mixed Salad with croutons Coleslaw Fresh Fruit	Special Chicken Fried Rice Fresh Fruit	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Macaroni Cheese Green Mixed Salad with croutons Olive Bread Fresh Fruit	Baked Potato Cheese Coleslaw Green Mixed Salad with croutons Fresh Fruit	Hot Chilli Concane Yellow Fried Rice Sweet Carrots Fresh Fruit
B	Gateau and Juice	Gateau and Juice	Gateau and Juice		Gateau and Juice	Gateau and Juice	-
DINNER	Various Pizzas (Meat & Vegetarian) Spicy Potato Wedges Cheese Sauce Tiramisu Fresh Fruit Gateau Tossed Salad	Chicken alle King Savoury Rice Broccoli au gratin Spotted Dick and custard Fresh Fruit Gateau Pasta or rice Salad	Turkish Lamb and Apricot Stew Couscous Ice Cream and strawberry sauce Fresh Fruit Gateau Tossed Salad	Chilli burger and Chips Fresh Fruit Gateau Tossed Salad Banana and Custard	Pizza Cheesy Potato Wedges Fresh Donuts Fresh Fruit Gateau Pasta or rice Salad	Boboti Yellow Rice Tossed Salad Fresh Fruit Warm Cinnamon buns	BBQ Tossed Salad Coleslaw Pasta Salad Fresh Fruit Fruit Juice Choc Ice

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TERM:	
WEEK:	4

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Beans Toast & Preserves Fresh Fruit Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fried Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fresh rolls Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Scrambled Eggs and chives Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee
B	-	Tea/Juice & Biscuits	Tea/Juice & Biscuits		Tea/Juice & Biscuits	Tea/Juice & Biscuits	-
LUNCH/BRUNCH	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Beef Lasagne Garlic Bread Green Mixed Salad with croutons Fresh Fruit	Battered Lemon Chicken Oyster Sauce Egg Fried Rice Fresh Fruit	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Macaroni Cheese with veg Fresh Bread Fresh Fruit	Fish Fingers Chips Peas Fresh Fruit	Chilli Con Carni Rice Fresh Fruit
B	Gateau and Juice	Gateau and Juice	Gateau and Juice		Gateau and Juice	Gateau and Juice	-
DINNER	Various Pizzas (Meat & Vegetarian) Spanish potatoes Fruit Jelly & Cream Fresh Fruit Gateau Tossed Salad	Tandori Chicken kebabs and Pilau rice Ice Cream & Raspberry Fresh Fruit Gateau Tossed Salad	Hungarian Goulash Duchess Potatoes Cauliflower Green Beans Orange Rice pudding Fresh Fruit Gateau Tossed Salad	Beef burger and chips Strawberry Cheesecake Fresh Fruit Gateau	Savoury Meatballs Pepper Sauce Rice Salsa Fresh Fruit Mississippi mud pie Gateau	Chicken cider hot pot Potatoes and Carrots Cider Gravy Individual gateau and cream Fresh Fruit Tossed Salad	BBQ Tossed Salad Coleslaw Pasta Salad Fresh Fruit Fruit Juice Choc Ice

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TERM:	
WEEK:	5

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fried Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Scrambled Eggs and chives Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee
B	-	Tea/Juice & Biscuits	Tea/Juice & Biscuits		Tea/Juice & Biscuits	Tea/Juice & Biscuits	-
LUNCH/BRUNCH	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Lasagne Chips Green Mixed Salad with croutons Fresh Fruit	Shredded Chicken Yoghurt, Soya & Coconut Milk Savoury Fried Rice Fresh Fruit	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Macaroni Cheese Garlic Bread Green Mixed Salad with croutons Fresh Fruit	Cod in Batter Chips Sweetcorn Fresh Fruit	Chilli Con Carni Rice Fresh Fruit
B	Gateau and Juice	Gateau and Juice	Gateau and Juice		Gateau and Juice	Gateau and Juice	-
DINNER	Fish Fingers and Chips Peas Fresh Fruit Gateau Tossed Salad	Spicy Meatballs Pepper Sauce Sauté Potatoes Fresh Fruit Bread and butter pudding and cream Gateau	Farmhouse Chicken Pie Potatoes Cabbage in Parsley Sauce Gravy Baked Rice Pud Fresh Fruit Gateau Tossed Salad	Chicken & Chips Baked Cherry cheesecake and cream Fresh Fruit Gateau Tossed Salad	Beef Curry Fried Rice, Mango Bombay spiced potatoes Strawberry Meringue Fresh Fruit Gateau Tossed Salad	Roast Chicken & Stuffing and Gravy Roast Potatoes Cauliflower Cheese Cabbage, Butter & Fresh Herbs, Sherry Trifle & Cream Fresh Fruit Gateau Tossed Salad	BBQ Tossed Salad Coleslaw Pasta Salad Fresh Fruit Fruit Juice Choc Ice

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TERM:	
WEEK:	6

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fried Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fresh rolls Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Scrambled Eggs and chives Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee
B	-	Tea/Juice & Biscuits	Tea/Juice & Biscuits		Tea/Juice & Biscuits	Tea/Juice & Biscuits	-
LUNCH/BRUNCH	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Spaghetti Bolognese Parmesan Cheese Fresh Fruit	Shredded beef with Pepper Corns Rice Noodles Fresh Fruit	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Mushroom and Cheese Pasta bake Olive Bread Green Mixed Salad with croutons Fresh Fruit	Battered Cod Chips Peas Fresh Fruit	Chilli Con Carni Rice Tortilla Chips Fresh Fruit
B	Gateau and Juice	Gateau and Juice	Gateau and Juice		Gateau and Juice	Gateau and Juice	-
DINNER	Various Pizzas (Meat & Vegetarian) Sauté Potatoes Mississippi Mud pie Fresh Fruit Gateau Tossed Salad	Turkey & Mushroom Pie Puree of Carrots Gravy Marbled Chocolate Cheesecake Fresh Fruit Gateau Tossed Salad	Chicken in Orange & Sherry Sauce Potatoes Whole Green Beans Bakewell tart and cream Fresh Fruit Gateau Tossed Salad	Cottage Pie Cauliflower Gravy Fresh Fruit Cinnamon Buns	Chicken kebab Couscous Spanish chilli potatoes Lemon Meringue Pie Fresh Fruit Gateau Tossed Salad	Roast Chicken & Stuffing Roast Potatoes Cabbage Gravy Orange jelly with oranges in Fresh Fruit Gateau Tossed Salad	BBQ Tossed Salad Coleslaw Pasta Salad Fresh Fruit Fruit Juice Choc Ice

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TERM:	
WEEK:	7

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fried Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Fresh rolls Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Scrambled Eggs and chives Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee
B	-	Tea/Juice & Biscuits	Tea/Juice & Biscuits		Tea/Juice & Biscuits	Tea/Juice & Biscuits	-
LUNCH/BRUNCH	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Tex Mex Baked potato Salad Fresh Fruit	Chinese Spicy Chicken Noodles Fresh Fruit	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Savoury Meatballs Creamy Sauce Rice Fresh Fruit	Battered Cod & Lemon Chips Peas Fresh Fruit	Soup and Bread
B	Gateau and Juice	Gateau and Juice	Gateau and Juice		Gateau and Juice	Gateau and Juice	-
DINNER	Various Pizzas (Meat & Vegetarian) Baby Roast Potatoes Strawberry Meringue Fresh Fruit Gateau Tossed Salad	Steak Ale Veg Pie Cream Potatoes Broccoli Au Gratin Carrots with Honey & Chives Gravy Ice Cream & Raspberry Sauce Fresh Fruit Gateau Tossed Salad	Chicken Korma Savoury Rice Bombay spiced potatoes Boston Banoffi Pie Fresh Fruit Gateau Pasta or Rice Salad	Fried Chicken Sauté Potatoes Fresh donuts Fresh Fruit Gateau Tossed Salad	Boboti Yellow Rice Green Mixed Salad with croutons Fresh Bread Fresh Fruit Warm Cinnamon buns Gateau	Sliced Turkey thigh Roast Potatoes Cauliflower Au Gratin Baton Carrots Gravy Ice Cream Fresh Fruit Gateau Pasta or Rice Salad	

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TERM:	
WEEK:	8

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Croissants Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Yoghurt Choice of Cereals Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Scrambled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate
B	-	Tea/Juice & Biscuits	Tea/Juice & Biscuits		Tea/Juice & Biscuits	Tea/Juice & Biscuits	-
LUNCH/BRUNCH	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Chilli Beef Tortilla Wraps Tortilla Chips Fresh Fruit	Beef with Cantonese Oyster Sauce Egg Fried Rice Fresh Fruit	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Chicken Kiev Lyonnaise Potatoes Peas Fresh Fruit	Battered Haddock Chips Minted Peas Fresh Fruit	Chilli Con Carni Rice Tortilla Chips Fresh Fruit
B	Gateau and Juice	Gateau and Juice	Gateau and Juice		Gateau and Juice	Gateau and Juice	-
DINNER	Various Pizzas (Meat & Vegetarian) Lyonnaise Potatoes Fruit Trifle Fresh Fruit Gateau Tossed Salad	Coq Au Vin Spicy Pasta Mixed Beans Baked Rice Pud Fresh Fruit Gateau Tossed Salad	Turkey Fricassee New Potatoes Buttered Cabbage Broccoli Polonaise Chocolate Ice Cream Fresh Fruit Gateau Tossed Salad	Cheeseburger Chips Fruit Jelly Fresh Fruit Gateau Tossed Salad	Beef Curry Rice Pita Bread Fruit Pavlova Fresh Fruit Gateau Tossed Salad	PARTY NIGHT MENU TO BE DISCUSSED	

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TERM:	
WEEK:	8

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Boiled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fried Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fresh rolls Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Sausage & Beans Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Scrambled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate
B	-	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Tea & Biscuits	Tea & Biscuits
LUNCH/BRUNCH	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Chilli Beef Tortilla Wraps Spicy Pasta Salad Fresh Fruit	Battered Lemon Chicken Oyster Sauce Egg Fried Rice Fresh Fruit	Packed Lunch (stuffed rolls, Water, Crisps, fruit cake and crisps)	Chicken Kiev Lyonnaise Potatoes Peas Fresh Fruit	Fish Fingers Chips Minted Peas Fresh Fruit	Chilli Con Carni Rice Fresh Fruit
B	-	Eccles Cakes	Madera Cake	Iced Cakes	Coconut Cake	Butterfly Cakes	-
DINNER	Various Pizzas (Meat & Vegetarian) Lyonnaise Potatoes Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Coq-Au-Vin Rice Mixed Beans Baked Rice Pud Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Macaroni Cheese Garlic Bread Salad Chocolate Ice Cream Lemon Meringue Pie Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Cheeseburger Chips Chocolate Ice Cream and sauce Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Beef Curry Rice Naan Bread Chelsea Cin. Bun with iced topping Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Roast Chicken Roast Potatoes Baton Carrots & Chives & Honey Baked Alaska Fresh Fruit Gateau Tossed Salad	Baguettes: Turkey, Cheese, Egg Lettuce Tomatoes Cucumber Potato & Chive Salad Rice Salad Choc Ices Fruit Juice Fresh Fruit

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WEEK:	

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Choice of Cereals Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fried Egg Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Yoghurt Choice of Cereals Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Scrambled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate
B	-	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Tea & Biscuits	Tea & Biscuits
LUNCH/BRUNCH	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Beef Sausage Mash Peas Fresh Fruit	Battered Lemon Chicken Oyster Sauce Egg Fried Rice Fresh Fruit	Macaroni Cheese Sauté Potatoes Salad Fresh Fruit	Savoury Meatballs Pepper Sauce Rice Fresh Fruit	Fish Fingers Chips Peas Fresh Fruit	Chilli Con Carni Rice Fresh Fruit
B	-	Iced Cakes	Fruit Scones	Chocolate Eclairs	Butterfly Cakes	Lemon Cake	-
DINNER	Various Pizzas Pepperoni Cheese & Tomato Lyonnaise Potatoes Coleslaw Spotted Dick & Custard Fresh Fruit Gateau Tossed Salad	Vegetable Soup Spaghetti Bolognese Ice Cream Chocolate Sauce Fresh Fruit Gateau Tossed Salad	Farmhouse Soup Chicken Carbonara Garlic Bread Coconut Sponge & Custard Fresh Fruit Gateau Tossed Salad	Vegetable Soup Pizza Chips Fruit Flan & Cream Fresh Fruit Gateau Tossed Salad	Farmhouse Soup Irish Stew Dumplings Cream Potatoes Cabbage & Caraway Seeds Apple Crumble & Custard Fresh Fruit Gateau Tossed Salad	Vegetable Soup Roast Chicken Roast Potatoes Baton Carrots Iced Buns Fresh Fruit Gateau Tossed Salad	Baguettes: Turkey, Cheese, Egg Mayonnaise Rice Salad Tossed Salad Crisps Choc Ices Fruit Juice Fresh Fruit

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Choice of Cereals Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fried Egg Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Yoghurt Choice of Cereals Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Scrambled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate
B	-	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Tea & Biscuits	Tea & Biscuits
LUNCH/BRUNCH	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Fish Fingers Chips Fresh Fruit	Battered Chicken Sweet & Sour Sauce Fried Rice Fresh Fruit	Cheese & Onion Pasty Lyonnaise Potatoes Peas Fresh Fruit	Pasta, Pesto, Oil & Peppers Olive Bread Mixed Salad Fresh Fruit	Cheeseburger Chips Salad Fresh Fruit	Beef Chilli Fried Rice Mixed Salad Fresh Fruit
B	-	Scones, Jam & Butter	Choc Brownies	Chocolate Eclairs	Fruit Cake	Madolins	-
DINNER	Various Pizzas Pepperoni Cheese & Tomato Sauté Potatoes Rice Salad Green Salad Jam Steam Pudding & Custard Fresh Fruit Gateau Tossed Salad	Farmhouse Soup Beef Lasagne New Potatoes Whole Green Beans Fruit Sponge Flan & Cream Fresh Fruit Gateau Tossed Salad	Vegetable Soup Baguettes: Cheese, Egg, Salad Crisps Bakewell Tart Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Assorted Pizza's Chips Chocolate Pancakes Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Beef Stew & Dumplings Cream Potatoes Cabbage & Caraway Seeds Fruit Cheesecake Fresh Fruit Gateau Tossed Salad	Chunky Soup Roast Chicken Roast Potatoes Cauliflower & Cheese Sauce Gravy Iced Buns Fresh Fruit Gateau Tossed Salad	Soup Baguettes: Turkey, Cheese, Egg Lettuce Tomatoes Cucumber Pasta Salad Coleslaw, Crisps Choc Ices Fruit Juice Fresh Fruit

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Choice of Cereals Tea & Coffee	Boiled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fried Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fresh rolls Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Sausage & Beans Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Scrambled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate
B	-	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	-
LUNCH/BRUNCH	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Baked Potato Baked Beans Cheese Butter Salad Fresh Fruit	Battered Chicken Sweet & Sour Sauce Fried Rice Fresh Fruit	Sausage Cheesy Mash potato Fried onions Beans Fresh Fruit	Fresh Meatballs In a cream sauce Rice Fresh Fruit	Fish Cakes Chips Peas Fresh Fruit	Hot and Spicy Beef Chilli Fried Rice Fresh Fruit
B	-	Scones, Jam & Butter	Choc Brownies	Chocolate Eclairs	Fruit Cake	Flapjacks	-
DINNER	Various Pizzas Pepperoni Cheese & Tomato Sauté Potatoes Rice Salad Green Salad Jam Steam Pudding & Custard Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Spag Bog! Banoffee Pie Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Turkey, Cheese Coleslaw, Mixed salad. Pasta salad Rolls Fresh cake Fresh Fruit Gateau	Chunky Vegetable Soup Cheese Burger Chips Chocolate Muffins Hot Chocolate sauce Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Hot and Spicy Beef Curry and rice with naan bread Ice Cream and Hot Strawberry sauce Fresh Fruit Gateau Tossed Salad	Chunky Soup Roast Chicken Roast Potatoes Cauliflower & Cheese Sauce Gravy Rice Pudding Fresh Fruit Gateau Tossed Salad	Soup Baguettes: Turkey, Cheese, Egg Lettuce Tomatoes Cucumber Pasta Salad Coleslaw, Crisps Choc Ices Fruit Juice Fresh Fruit

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Choice of Cereals Tea & Coffee	Boiled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fried Egg Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Yoghurt Choice of Cereals Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Sausage & Beans Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Scrambled Eggs Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate
B	-	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Tea & Biscuits	Tea & Biscuits
LUNCH/BRUNCH	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Cheeseburger Lyonnaise Potatoes Tossed Salad Fresh Fruit	Battered Chicken With Oyster Sauce Fried Rice Fresh Fruit	Macaroni Cheese Garlic Bread Fresh Fruit	Pasta, Pesto, Oil & Peppers Olive Bread Fresh Fruit	Fish fingers Chips Peas Fresh Fruit	Hot and Spicy Beef Chilli Fried Rice Fresh Fruit
B	-	Lemon Buns	Doughnuts	Butterfly cakes	Fruit Cake	Flapjacks	-
DINNER	Various Pizzas Pepperoni Cheese & Tomato Sauté Potatoes Rice Salad Green Salad Jam Steam Pudding & Custard Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Cottage Pie New Potatoes Baton Carrots In honey Ice Cream and Chocolate sauce Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Spag Bog! Apple crumble and custard Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Pizza Lyonnaise Potatoes Salad Individual Gateau Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Hot and Spicy Beef Curry and rice with naan bread Stream pudding Fresh Fruit Gateau Tossed Salad	Chunky Soup Roast Chicken Roast Potatoes Cauliflower & Cheese Sauce Gravy Rice Pudding Fresh Fruit Gateau Tossed Salad	Soup Baguettes: Turkey, Cheese, Egg Lettuce Tomatoes Cucumber Pasta Salad Coleslaw, Crisps Choc Ices Fruit Juice Fresh Fruit

MENUS



TERM:	
WEEK:	

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Choice of Cereals Tea & Coffee	Boiled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fried Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fresh rolls Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Sausage & Beans Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Scrambled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate
B	-	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	-
LUNCH/BRUNCH	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Beef Sausages Cheesy Mash Beans Fresh Fruit	Battered Chicken Sweet & Sour Sauce Fried Rice Fresh Fruit	Baked Potato Baked Beans Cheese Butter Salad Fresh Fruit	Christmas Lunch	Staff Christmas Lunch Fish fingers Chips Peas Fresh Fruit	
B	-	Scones, Jam & Butter	Short bread	Chocolate Eclairs	Fruit Cake	Flapjacks	-
DINNER	Various Pizzas Pepperoni Cheese & Tomato Sauté Potatoes Rice Salad Green Salad Jam Steam Pudding & Custard Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Chicken Carbanara Banoffee Pie Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Turkey, Cheese Coleslaw, Mixed salad. Pasta salad Rolls Fresh cake Fresh Fruit Gateau	Chunky Vegetable Soup Chicken burger Chips Chocolate Muffins Hot Chocolate sauce Fresh Fruit Gateau Tossed Salad	Chunky Vegetable Soup Left overs curry Ice Cream and Hot Strawberry sauce Fresh Fruit Gateau Tossed Salad	Left overs Rice Pudding Fresh Fruit Gateau Tossed Salad	

MENUS



TERM:	
WEEK:	

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Choice of Cereals Tea & Coffee	Boiled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fried Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fresh rolls Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Sausage & Beans Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Scrambled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate
B	-	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Coffee & Biscuits	Tea & Biscuits	Tea & Biscuits
LUNCH/BRUNCH	Full English Breakfast: Fried Egg, Bacon, Sausage (Beef), Hash Browns, Fried Bread, Beans & Tomatoes Toast & Preserves Fresh Fruit Tea & Coffee	Chilli Beef Tortilla Wraps Spicy Pasta Salad Fresh Fruit	Battered Lemon Chicken Oyster Sauce Egg Fried Rice Fresh Fruit	PACKED LUNCH IN BAGS	Chicken Kiev Lyonnaise Potatoes Peas Fresh Fruit	Battered Cod Chips Minted Peas Fresh Fruit	PACKED LUNCH IN BAGS
B	-	Eccles Cakes	Madera Cake	Iced Cakes	Coconut Cake	Butterfly Cakes	-
DINNER	Various Pizzas (Meat & Vegetarian) Lyonnaise Potatoes Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Coq-Au-Vin Rice Mixed Beans Baked Rice Pud Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Macaroni Cheese Garlic Bread Salad Chocolate Ice Cream Lemon Meringue Pie Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Cheeseburger Chips Chocolate Ice Cream and sauce Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Beef Curry Rice Naan Bread Chelsea Cin. Bun with iced topping Fresh Fruit Gateau Tossed Salad	Thick Farm House Soup Roast Chicken Roast Potatoes Baton Carrots & Chives & Honey Baked Alaska Fresh Fruit Gateau Tossed Salad	Baguettes: Turkey, Cheese, Egg Lettuce Tomatoes Cucumber Potato & Chive Salad Rice Salad Choc Ices Fruit Juice Fresh Fruit

MENUS



TERM:	
WEEK:	

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Choice of Cereals Tea & Coffee	Boiled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fried Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Fresh rolls Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Sausage & Beans Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Scrambled Eggs Porridge Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate	Toast & Chocolate Spread Choice of Cereals Yoghurt & Fresh Fruit Toast & Preserves Fruit Juice Tea, Coffee, Jug of Hot Chocolate
B	-	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	Tea/Juice & Biscuits Staff: Fresh Cake	-
LUNCH/BRUNCH	PACKED LUNCH IN BAGS	Spaghetti Bolognaise Parmesan Cheese Fresh Fruit	Chinese Spicy Chicken Noodles Fresh Fruit	PACKED LUNCH IN BAGS	Savoury Meatballs Creamy Sauce Rice Fresh Fruit	Battered Cod & Lemon Chips Peas Fresh Fruit	BAGETTES Turkey, Cheese Egg Mayonnaise Shredded Lettuce Tomatoes Cucumber Rice Salad Pasta Salad Crisps Fruit Juice
B	-	Cherry Cake	Chocolate Eclairs	Short Cake	Jam & Cream Sponge	Banana Cake	-
DINNER	Mc Ds!	Steak Ale Veg Pie Cream Potatoes Broccoli Au Gratin Carrots with Honey & Chives Gravy Ice Cream & Raspberry Sauce Fresh Fruit Gateau Tossed Salad	Chicken Korma Savoury Rice Naan Bread Banoffi Pie Fresh Fruit Gateau Tossed Salad	Fried Chicken Sauté Potatoes Cin/sugar donuts Fresh Fruit Gateau Tossed Salad	German evening Sausage sour sauqrat Mustard Mash Apple strudel Fresh Fruit Gateau Tossed Salad	Stuffed Turkey thigh Roast Potatoes Cauliflower Au Gratin Baton Carrots Parsley Butter Gravy Cin./Iced buns Fresh Fruit Gateau Tossed Salad	